#WBW2018

"Preventing Malnutrition" Facebook Posts

1. COPY

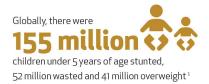
The double-burden of #malnutrition has major consequences on short- and long-term #health. This #WBW2018, commit to preventing malnutrition in all its forms!

@Global Goals for Sustainable Development @World Health Organization (WHO) @UNICEF

GRAPHIC

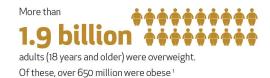
Preventing malnutrition in all its forms











- 1. Child malnutrition. (n.d.). Retrieved from http://www.who.int/gho/child-malnutrition/en/
- 2. Akst, J. (2015). Breast Milk and Obesity: A study links components of a mother's milk to her infant's growth. Retrieved from https://www.the-scientist.com/ 3. Sankar, M. J. et al. (2015). Optimal breastfeeding practices and infant and child mortality: A systematic review and meta-analysis. Acta Paediotrica, 104, 3-13





2. COPY

Optimal #breastfeeding helps prevent #malnutrition in all its forms with positive lifelong effects on both children and mothers!

#WBW2018 @Global Goals for Sustainable Development @World Health Organization (WHO) @UNICEF

GRAPHIC

Lifelong positive health effects of optimal breastfeeding

There is strong evidence that optimal breastfeeding has many effects on:

- Mother: helps with birth spacing, reduces risk of breast and ovarian cancers, and lowers the risk of hypertension.
- Child: combats infectious diseases, decreases incidence and severity of diarrhoea, lowers respiratory infections and acute otitis media, prevents dental caries and malocclusion, and increases intelligence.





